



# Post-Treatment Precautions

## Filler

- 1 Do not frequently touch or press the treated area. (Massage only if instructed by your doctor.)
- 2 Take all prescribed medications as directed.
- 3 Keep the tape applied to the treated area on for about one day.
- 4 Washing your face and applying makeup is allowed after 4 hours.
- 5 Avoid alcohol and smoking for about 2 weeks after the procedure.
- 6 Avoid massaging the injection site, saunas, or strenuous exercise for 2 weeks.
- 7 If redness, swelling, or pain at the injection site persists, please visit the clinic.