



Post-Treatment Precautions

Facial

- 1 You may return to daily activities immediately, but avoid strenuous exercise, saunas, and hot baths for 1 week.
- 2 The “embossing effect” (raised texture) will usually subside within 2–3 days.
- 3 Needle marks, bruising, and swelling may last for about 1 week (depending on skin type).
- 4 You may wash your face from the evening of the procedure, but avoid rubbing—rinse gently with water.
- 5 Makeup can be applied from the next day.
- 6 Using regeneration cream and moisturizer will help promote skin recovery.