

# Post-Treatment Precautions

## Face Contour Injection

- 1 Bruising, redness, warmth, and mild itching at the injection site will naturally subside.
- 2 Washing your face and applying makeup is allowed after 4 hours.
- 3 Swelling may persist for about a day after treatment.
- 4 Avoid alcohol and smoking for about 1 week.
- 5 Since a small amount of steroid may be included in the injection, irregular bleeding or menstrual cycle changes may occur.
- 6 Localized dimpling or depression may appear—please perform gentle massage for 3–5 days.
- 7 If pain persists after the procedure, please visit the clinic.