

Post-Treatment Precautions

Botox

- 1 Swelling, bruising at the injection site, and mild itching will naturally subside.
- 2 You may wash your face and **apply makeup 4 hours after** the procedure.
- 3 Avoid massaging the injection site, using saunas, or engaging in strenuous exercise for 2 weeks.
- 4 For jawline Botox, avoid hard or chewy foods.
- 5 Botox is a temporary procedure, and **its effects last for about 6 months**. With repeated treatments, the effects may last longer.
- 6 If pain at the injection site persists for more than a day or if redness occurs, please visit the clinic.